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Fixing Bollinger bands

By David Rooke

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Bollinger Bands are used widely in the trading community and are a key component of many trading strategies. By their nature, Bollinger bands offer a particular perspective of the market. But that perspective is not without its drawbacks.

This article will present a revised approach to the trading band concept with the aim of sharpening the focus of this class of indicator significantly. Both are valid and share a common heritage, but they are quite different under evaluation and in application. The derivation here is termed a volatility band. This article will explain why this derivation is necessary and how it is constructed and provide high-level preliminary test results.

Although the volatility bands are original in design and execution, they were inspired by Dennis McNicholl's work to improve Bollinger bands in the late 1990s ("Better Bollinger Bands," October 1998).

Houston, we have a problem

Popularized by John Bollinger, who gave them their name, Bollinger bands are simply a plot of a multiple of the standard deviation of price from its simple moving average (SMA), both above and below. By the use of standard deviation, we should reasonably expect that the distribution of price around the mean should conform to statistical normality, or get close to it.

Unfortunately, this is not the case for Bollinger bands and has led to a search to fix the problem. Based on observations of Bollinger bands, here are some of the issues:

- They are saddled with high lag, as virtually all SMA-based indicators are.

Consequently, the user should be mindful of the delay in what the bands present.

- They do not envelope price in a manner consistent with a Gaussian distribution. That is, 68.2% of prices should be found within one standard deviation of the sample mean, 95.4% of prices should be found within two standard deviations of the mean, etc. This



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by calculating the standard deviation of price against that moving average. Note that the “standard” standard deviation function is an inappropriate tool for this. The result is trading bands with low lag. Let’s see how effectively these bands encapsulate S&P 500 prices at 2xSD:

160-bar volatility bands:

Price/band ratio = 94.6%

80-bar volatility bands:

Price/band ratio = 95.3%

20-bar volatility bands:

Price/band ratio = 95.7%

To validate this point let’s take a peek at the numbers for 1xSD:

160-bar volatility bands:

Price/band ratio = 65.0%

80-bar volatility bands:

Price/band ratio = 66.9%

20-bar volatility bands:

Price/band ratio = 67.8%

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